

Healthy Eating for Healthy Weight				
	Action	Responsibility	Time frame	Progress
1	Public Health England (PHE) South East Obesity, Healthy Eating Network and Physical Activity Network to explore the offer a workshop of how to implement the nutrition framework of the Government Buying Standards for Food (GBSF) to District Councils and Leisure providers in Oxfordshire.	PHE and Districts	Summer/Autumn 2016	
2	Learn from other Local Authority's to develop a coordinated approach to introduce GBSF 'healthier vending' standards into Council buildings, Leisure centres, schools and community buildings. This should include consistent communications/campaign strategies across venues.	PHE and Healthy Eating Network	Summer/Autumn 2016	
3	Explore cooking courses for adults utilising community based assets such as community centres, primary schools and leisure centres. Target in areas of deprivation where levels of obesity are highest. Work with local supermarkets to provide food for cooking groups in community venues.	Healthy Eating network	Autumn 2016	
4	Adopt national PHE campaigns to work alongside the above actions. For example; <ul style="list-style-type: none"> • One You – making a campaign relevant to individuals • Eat well Plate – in local settings <p>Use the opportunity to educate local populations about how long it takes to see a change/establish a maintained behaviour change.</p>	All Partners	On-going 2016	

Environment and Healthy Weight				
	Action	Responsibility	Time frame	Progress
1	<p>Partners to engage with and comment on relevant Local Plans, Neighbourhood Plans and planning applications via district websites and through engagement with district planning teams (links below):</p> <ul style="list-style-type: none"> • http://www.cherwell.gov.uk/planning • https://www.oxford.gov.uk/info/20000/planning • http://www.southoxon.gov.uk/services-and-advice/planning-and-building • http://www.whitehorsedc.gov.uk/services-and-advice/planning-and-building • http://www.westoxon.gov.uk/residents/planning-building/ <p>Refer to the TCPA Healthy Weight Checklist (summary on p12&13) http://www.tcpa.org.uk/pages/planning-out-obesity-2014.html, the Oxfordshire JSNA http://insight.oxfordshire.gov.uk/cms/joint-strategic-needs-assessment and the County Council 'Neighbourhood Planning Toolkit'. https://www.oxfordshire.gov.uk/cms/content/neighbourhood-planning-toolkit as a source of information and guidance.</p>	All Partners	August 2016	
2	Partners to identify opportunities to encourage building activity into everyday life e.g. encouraging active travel on websites and meeting invites, walking meetings, design of new buildings/towns to encourage health e.g. positioning of stairs.	All partners	On-going	
3	Partners to continue working on the NHS Healthy New Towns programme for Bicester and Barton Park. Learn from these projects and upscale to other new developments.	NHS Healthy New Towns Partnerships	On-going	

Schools and Healthy Weight				
	Action	Responsibility	Time frame	Progress
1	Children & Young People Physical Activity Plan to be developed. To include increasing physical activity in the most inactive young people.	Oxfordshire Sport and Physical Activity	2016/2017	
2	School Health Nursing Service to include healthy eating initiatives in School Health Improvement Plans (SHIPs) and explore opportunities with the school according to population need. e.g. Increasing School Meals project	Oxford Health NHS Foundation Trust	Academic year 2016/2017	As monitored in SHIPs
3	Explore with schools their experience of catering contracts, spending pupil premium and how they promote and share good practice with relation to healthy eating and physical activity.	Healthy Eating Network and Oxfordshire Sport and Physical Activity	Academic year 2016/2017	

Workplaces for Healthy Weight				
	Action	Responsibility	Time frame	Progress
1	Utilise workplaces to adopt national and local Public Health campaigns around healthy weight issues.	Workplace wellbeing network	On-going	
2	Encourage workplaces to sign up to the Workplace Wellbeing Charter – a free, national framework for workplaces to self-assess against demonstrating commitment to employee health.	Workplace wellbeing network	Summer 2016	
3	Influence workplaces to sign up to Government Buying Standards for Food (GBSF) to adhere to nutrition and vending guidelines providing a standardised approach across the County as far as possible.	Workplace wellbeing network	Summer/Autumn 2016	
4	Scale up existing resources and initiatives to be advertised and delivered in workplaces	Workplace wellbeing network Service providers	On-going	Green
5	Make offers to small and medium-sized enterprises similar to those of larger business (e.g. corporate membership discounts at gyms)	Leisure Providers and Districts		
6	Encourage workplaces to have wellbeing champions. Demonstrate evidence of best practice via the network	OxSPA Workplaces & network	On-going	
7	Workplaces to encourage healthy weight behaviours; <ul style="list-style-type: none"> • Walking meetings • Healthy snacks • Walking lunch breaks • Social eating (not at desks) • Inter-company competitions • Organisational support for staff to attend health related benefits • Cycle storage, showers 	Workplace wellbeing network Businesses Workplaces Senior management HR	On-going	